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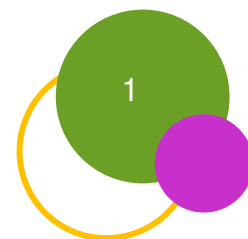


PREPARING FOR ADULTHOOD

Service Directory



Nottinghamshire
County Council



This document has been produced by the ICDS Statutory EHC Assessment Post 16 Team.

The Post 16 Team is located within the Integrated Children's Disability Service (ICDS) in Nottinghamshire County Council and works with young people with an Education, Health & Care (EHC) Plan from Year 11 onwards (maximum age 25 years).

The EHC Assessment Team processes new EHC requests and is responsible for the review and maintenance of existing EHC Plans. Every young person with an EHC Plan in Year 11 onwards is allocated a Post 16 EHC Co-Ordinator who will support with pathway planning for the young person as they prepare for adulthood and support with securing the most appropriate education provision to meet the young person's needs and aspirations.

Your current education provider should support you to consider options for education, employment and training as you move into Post 16 and should also be your first point of contact for queries regarding your current education package.

All Post 16 placement requests will require agreement from the Post 16 Team prior to a young person commencing the placement. A formal consultation process with the education or training provider will be undertaken by the Post 16 Team to inform this decision. This consultation process is separate to the application that the young person will need to make to the education or training provider. Once a young person's preferred Post 16 placement is known, please ensure that the allocated Post 16 EHC Co-Ordinator is made aware of this preference, so that the consultation process can be initiated.

The Local Authority will always consider your placement preference but will make the decision based on several factors including the efficient use of public funding and the ability of the setting to deliver the outcomes in the young person's EHC Plan.

All providers have their own application processes that will need to be followed and all Specialist placements will be subject to additional learner assessments. Following the application process a provider may make a conditional placement offer to the young person subject to Local Authority agreement.

Listed below are several education and training providers that work with young people aged 16+. These are not the only providers available and should you identify another provider that you wish to apply to, please speak to your Post 16 EHC Co-Ordinator to discuss your preference.

Should you require any further assistance with regards to Post 16 options and Preparing for Adulthood, please contact your allocated Post 16 EHC Co-Ordinator or contact our ICDS Post 16 Duty Desk at icdsehcpst16@nottsccl.gov.uk

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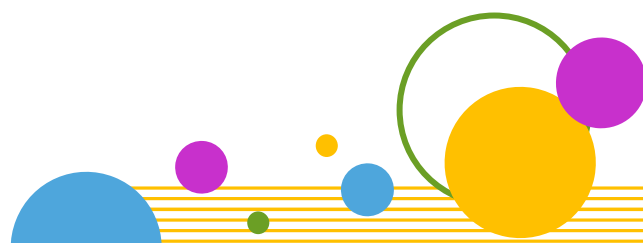
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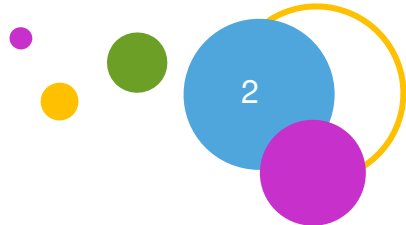
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EDUCATION & TRAINING PROVIDERS

APTCOO (A Place to Call Our Own)

APTCOO work in partnership with parents/carers and young people who are in the process of becoming an adult. We have created a unique space in which to explore their life opportunities and employability to move towards greater independence. We call this a Learn, Work and Earn Centre.

Our approach removes 'barriers to learning' through confidence building, improved literacy and numeracy skills, exploration of potential, encouraging good attendance and reducing disaffection, exclusion, difficult family circumstances and low self-esteem.

We believe everyone should have the same opportunity to succeed in life and through providing an accessible, alternative and flexible routes tailored to their individual needs, and aim to increase aspiration throughout the local community.

We have piloted innovative models of learning designed to engage any person, at any level, to develop a range of skills and attributes that will underpin their future success in education, work and life skills.

Opportunities that are available include:

- Supported internships
- Traineeships
- Apprenticeships
- Work experience
- Volunteering
- Social, functional and independent living skills
- DWP Work Placements and Employability
- Enterprise development e.g. growing, building, fixing and selling
- Social entrepreneurship

Telephone Contact: 01623 629902
Email: enquiries@aptcoo.org
Website: www.aptcoo.co.uk



Bilborough College - Nottingham

The Learning Support and Well-Being Team offers support to students with learning difficulties, disabilities and physical health conditions. Reasonable adjustments are made for all students to ensure access to the curriculum and where appropriate, will receive a summary of strategies to develop throughout their studies and to prepare for the future. Opportunities to practice and develop skills are supported through the Study Room.

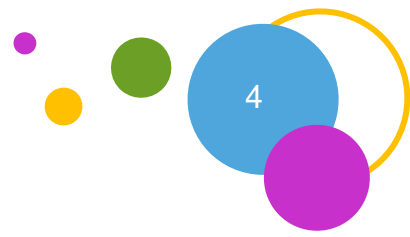
Contact Telephone: 0115 8515000 - Learning Support Manager
Email: enquiries@bilborough.ac.uk
Website: www.bilborough.ac.uk

Brooksby Melton College

Brooksby Melton College (BMC), is an independent college based in the heart of Leicestershire. We specialise in land-based courses such as animal care and agriculture but also are a leading performing arts college with an excellent national profile. We also offer an extensive vocational curriculum including, catering and hair & beauty.

We are committed to working with students to identify and meet their learning needs and goals. Additional learning support enables students to achieve their study programme aims and reach their full potential. BMC is committed to ensuring that students with learning difficulties, disabilities and Education Health and Care Plans have equal access to our facilities and courses. Our dedicated team of Learning Co-ordinators, Support Assistants and Development Lecturers are available to discuss how we can cater for your individual needs.

Telephone Contact: 01664 855444 - Course Enquires
01664 850850 - Admissions
Website: www.brooksbymelton.ac.uk



Catch22 - Nottingham

Catch22 specialise in offering learning and training opportunities for students who, for whatever reason, do not want to stay in a traditional academic environment.

We support individuals into work and training through high-quality tailored employability programmes, apprenticeships and vocational training that are tailored to the individual needs, interests and aspirations of learners and jobseekers.

All programmes are designed to complement both vocational and academic learner pathways.

Vocational Training and Skills programmes are available for young people aged 14-19 years, including numeracy and literacy qualifications, work experience and behaviour support.

Telephone Contact: 020 7336 4800
Website: www.catch-22.org.uk

Communication Specialist College Doncaster

We are a national specialist college providing education and learning opportunities for people with special communication needs, including deafness, autism and learning difficulties. The college has a wide range of opportunities which allow students to develop their skills in preparation for the world of work, alongside developing independence and social skills. Our accredited pathways enable students to study towards nationally recognised qualifications, as well as non-accredited learning to support individual goals and ambitions.

Telephone Contact: 01302 386700 - SEND Lead
Email: enquiries@ddt-deaf.org.uk
Website: www.deaf-trust.co.uk/college



Confetti Institute of Creative Technology Nottingham

Confetti is a specialist creative institute based in the heart of Nottingham's creative quarter. It's an exciting mix of performance, creativity and technology, built on world-class facilities and supported by expert tutors and friendly support staff.

We deliver college and degree courses in Music, Live Events, Film and Television, Photography, Visual Effects, Graphic Design, Video Games, Games Art and Esports, enabling you to start with us as a school leaver after Year 11 and eventually graduate with a university degree.

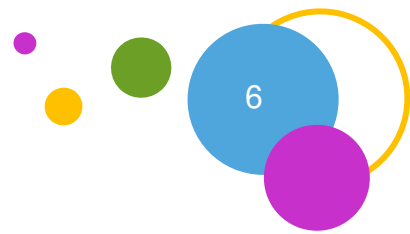
The Additional Learning Support Team is committed to working with you in a person-centred way and will listen to what is important to you, (now and in the future). Our aim is to help you develop the skills you need to progress and make the best of your potential as an independent learner.

Telephone Contact: 0115 952 2075
Email: hello@confetti.ac.uk
Website: www.confetti.ac.uk

Derby College

The Inclusion and Support Service at Derby College is here to help you maximise your potential and reach your learning goals. We offer support on all college sites in-class, outside of the classroom, with exams and assessments and in the wider college environment. This support is to enable you to access all available opportunities and to have the most positive learning experience. Whatever learning difficulty or disability you may have, we can offer tailored support to match your individual needs. We work in partnership with you, your Local Authority, teaching staff, other internal services and external organisations to provide a person-centred approach. The support we offer is regularly reviewed and our aim, where possible, is to guide you towards independence.

Telephone Contact: 0800 028 0289 - Inclusion and Support
Email: inclusionandsupport@derby-college.ac.uk
Website: www.derby-college.ac.uk



Doncaster College

Doncaster College offers a wide range of vocational programmes from Entry 1 to Level 3. Students follow programmes of study which include work experience and apprenticeships in your chosen area of study and opportunities to take part in a wide range of activities including sports and community activities.

Our Foundation Studies department offers a range of programmes for young people with SEND in Independence Skills and Employability Skills. You will follow an individualised learning plan based on your aspirations and goals for adult life.

You will take part in all aspects of college life including using the College Gym, the Learning Resource Centre, being part of our Student Parliament, and take part in great volunteering and work experience opportunities in Doncaster. Following your programme, you can progress to a supported internship including Project Search at NEXT.

Virtual tours of the College and can be accessed at any time:

www.sites.google.com/don.ac.uk/dncolleges360tours/home

General Course Enquiries: 0800 358 7575
EHC Plan/SEN: 01302 558204
Additional Learning Support: 01302 558207
Website: www.don.ac.uk

Groundwork - Step into Work

Groundwork Greater Nottingham are a delivery partner for Step into Work, part of the city-wide Nottingham Works programme run by Nottingham City Council to support Unemployed young people aged 18-29years who are ready to start employment. The Nottingham Works programme and Step into Work are European Union funded through the European Social Fund and Youth Employment Initiative.

We support young people from 18-29years who are actively looking for work but who need additional support to find suitable job vacancies, complete job applications and prepare for interviews. Working one-one with young people, supporting them to access training, work experience and advice to help them navigate a route towards a sustainable and rewarding job or a return to education or training. We help people identify the type of jobs they would suit and give them support to succeed in recruitment processes. We focus on getting people into the right job, not just any job.

Telephone Contact: 07771538025 - Step into Work Manager
Email: rish.mills@groundworknottingham.org.uk



PREPARING FOR ADULTHOOD



Hill Holt Wood

Our Post16 Study Programme offers a unique opportunity to get out of the classroom and spend time in the natural environment. We offer vocational courses, for young people aged 16-24yrs, based on our current projects, local opportunities, and job market. Our learners may work towards achieving Functional Skills along with other smaller award and industry relevant qualifications, as well as stand-alone rewards to help promote personal development and independence.

With a dedicated Careers Advise programme, our highly qualified rangers can help our learners with their progression into employment or further learning, providing ongoing support in identifying and applying for local employment and training opportunities.

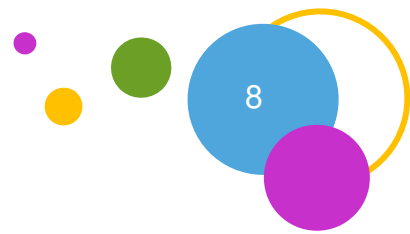
The diverse education we offer allows us to create a positive education experience for all. Delivering sessions planned around the young person's educational and support needs incorporating woodland activities, eco-constructions skills and craft sessions, we aim to maximise the potential of all our young people.

Telephone Contact: 01636 892 836
Email: admin@hillholtwood.com
Website: www.hillholtwood.co.uk/study-programme

Homefield Specialist College - Loughborough

Homefield College recognises that all the students are unique and that they have different interests, needs, strengths and abilities. We provide each student with a tailored and individualised learning programme and offer a wide range of sessions and innovative programmes to capture interests and harness their skills, to further develop the students' learning. A dominant learning factor for all students at Homefield is to become more independent in all aspects of their life. All students are provided with support in Personal and Social Development.

Telephone Contact: 01509 815696 - Funding and Admissions Manager
Email: contactus@homefieldcollege.ac.uk



Inspire Learning

Our services are for young people from 16-18years, or up to 24years if they have a learning difficulty or disability. All our programmes are delivered from young people's centres offering an informal setting to learning.

We deliver a variety of vocational learning and study programmes, with a focus on employability and work experience, such as Traineeship and Supported Internships, which support young people's re-engagement into learning. As well as an AIM Certificate or Award in Skills for Employment with a vocation element in Personal and Social Development, Construction, Joinery, Painting and Decorating, Hospitality and Catering and Health and Social Care. We also deliver ICT, Maths and English (L1 to GCSE).

Telephone Contact: 01623 476830
Email: ask@inspireculture.org.uk; skills.for.employment@notts.co.uk
Website: www.inspireculture.org.uk

Landmarks Specialist College

Landmarks has a proud reputation of supporting learners who have a variety of additional needs, onto positive outcomes (relative to their aspirations); employment, higher education and/or day services. Each learner follows a unique programme of study, aimed at preparing them for life beyond college. Working across East Midlands, South Yorkshire and beyond, Landmarks takes education into the learners' home communities, to either secure employment, navigate the local shops or join meaningful lifelong activities, such as gyms, clubs and activity centres.

We have an integrated Speech and Language and Occupational therapy team who work closely with staff, learners and their families to ensure maximum impact from studying at Landmarks.

Telephone Contact: 01246 433788 - Recruitment, Assessment and Marketing Manager
Email: info@landmarks.ac.uk ; recruitment@landmarks.ac.uk
Website: www.landmarks.ac.uk



Wayfinder Specialist Employment Service

As part of Landmarks Specialist College, we offer an additional service called 'Wayfinder Specialist Employment Service' which is dedicated to supporting learners with learning difficulties and disabilities into employment. This service plays a key role in assisting people on the Employability Pathway to develop the skills needed to secure appropriate work and supports learners to overcome barriers into employment.

We believe in helping businesses tap into a wider talent pool of workers, by helping them reflect the community they serve. Our supported internship programmes, support employers to manage the process of appointing staff with learning needs. Each Intern is supported by a Job Coach until such time where they can work independently. This provides the Intern with real work experience that could possibly lead to voluntary or paid employment.

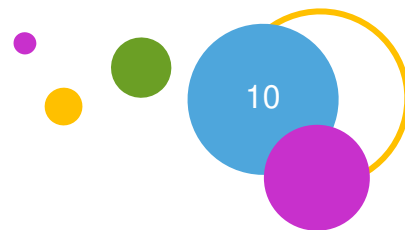
Once a learner moves into the world of work and within 5 years of leaving Landmarks, we offer an After-College Aftercare Club to support learners to achieve and maintain their employment goals and aspirations.

Telephone Contact: 01246 433788 - Recruitment, Assessment and Marketing Manager
Email: info@landmarks.ac.uk ; recruitment@landmarks.ac.uk
Website: www.wayfinderspecialistemployment.co.uk

Lincoln College - Newark and Lincoln

Lincoln College is based over three sites; Lincoln City Centre, Gainsborough and Newark. At Newark College we aim to provide our community with the highest standard of learning environment for our students. We have a large team of specialist staff who support students with learning difficulties and disabilities. The team provides support, specialist equipment and adapted resources.

Telephone Contact: 01522 876000 - Student Services
Email: studentservices@lincolncollege.ac.uk ; enquiries@lincolncollege.ac.uk
Website: www.lincolncollege.ac.uk



Mansfield Education Hub Mansfield & Barnsley

Mansfield Education Hub is part of Barnsley College - delivering a study programme for young people aged 16-24yrs. We offer a small and supportive learning environment and based in Mansfield Town Centre.

Through high quality teaching and learning we work with you to ensure you develop the skills needed to progress. Whether onto further study, an apprenticeship, or the world of work, your future is our focus. Our staff are trained and developed to the highest possible standard, which in turn means you receive the highest quality of teaching and learning.

We also provide specialist support to assist any complex and diverse needs. We individualise your study programme, including accredited qualifications, to support success and progression. With high quality Information, Advice and Guidance we ensure you remain on track in achieving your personal goals.

Telephone Contact: 0115 6848375 - Programme Lead

Email: info@barnsley.ac.uk

Website: www.barnsley.ac.uk

Nisai Virtual Academy

Through our own online learning system, the Nisai Virtual Academy or 'NVA', provide bespoke and inclusive, highly social and student-focused learning environment for all learners - particularly those who struggle with emotional, physical or learning-related barriers.

We believe everyone has the right to education, so we take a high-quality school environment and deliver it via the internet. We provide live online classes taught by qualified subject-specific teachers across the country for students studying Key Stage 3, 4 or 5. Our goal is to ensure that every student can complete their education and gain accredited academic and vocational qualifications such as Functional Skills, GCSEs and A Levels. We also deliver vocational and non-academic courses like apprenticeships and traineeships.

Telephone Contact: 020 8424 8475

Email: info@nisai.com

Website: www.nisai.com



Nottingham College

We offer courses specifically designed to meet the needs of students between the ages of 16 and 24 who have a learning difficulty and/or disability, and to help them reach their potential. We offer flexible learning programmes from Pre-entry through to Level 1. If you join one of our supported learning programmes, we will support you to increase your confidence, self-esteem, self-awareness and independence. You could potentially progress onto higher level courses as well. This could include supported internships, employability skills or other courses at Nottingham College.

We will help you develop independent living and employability skills that will increase your future opportunities and help you in your everyday life. All our programmes include Employability, Vocational, Personal and Social development, Math, English and IT skills.

Telephone Contact: 0115 9100100
Email: enquiries@nottinghamcollege.ac.uk
Website: www.nottinghamcollege.ac.uk

Nottinghamshire Training Group - Worksop

NTG is government funded enabling us to offer a wide range of vocational courses to provide you with an individualised study programme. As well as achieving qualifications, you will be given the opportunity to get involved in a wide range of enrichment activities and course specific work experience. We guarantee a stimulating, friendly and challenging experience, providing an excellent steppingstone between school and higher education or employment.

In addition to our wide range of courses, NTG works towards empowering students and assists in developing the skills you need in your chosen career. We encourage our students to engage proactively with a range of community, work experience and fundraising activities.

Telephone Contact: 01909 477669
Email: info@nottstraining.co.uk
Website: www.nottstraining.co.uk

NTU - Brackenhurst College

Whether you wish to go on to further study or to look for job opportunities, we can guide you to be a successful candidate. NTU doesn't just offer degree courses, we also have a wide range of college-level courses including Animal Care, Animal Management, Agriculture, Equine Management, Land & Countryside Management and Applied Science.

Our courses are a chance to learn beyond the classroom – qualifications that build the confidence, independence and knowledge that employers and universities will want to see. Our award-winning Employability Team are here to inspire and enhance your career planning, whichever path you choose, offering exciting work experience opportunities, making you stand out to future employers or universities.

Telephone Contact: 0115 941 8418
Email: hello@ntu.ac.uk
Website: www.ntu.ac.uk/study-and-courses/college-courses

Portland College - Mansfield

Portland College offers bespoke programmes of education and training, created and tailored to each young disabled person. Our provision ranges widely from a sensory level curriculum through to levels 2 & 3 qualifications. Our education is underpinned with multi-disciplinary support including nursing, physiotherapy, occupational therapy and speech and language therapy, all within the ground of our campus.

The support offered is individually tailored for each learner based on their needs, aspirations and interests, enabling them to achieve the best possible outcomes for learning and transition into adult life. Portland College also offers Short-Stay Breaks, Independent Living Programmes, Assisted Living Programmes and Day Centre Services, as well as individual tours of the campus

Telephone Contact: 01623 499 111 ext. 365, 214, 356
Email: admissions@portland.ac.uk
Website: www.portland.ac.uk



Riseholme College

Based in Lincolnshire, Riseholme offers a wide range of college level courses, apprenticeships and short courses, from Agriculture and Equine to Sport and Public Services.

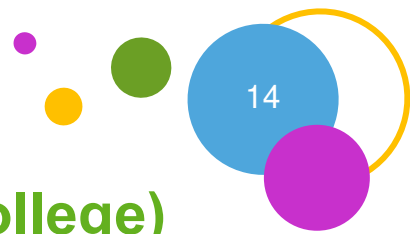
The provision at Riseholme is designed to make sure that you are work-ready by the time that you complete your studies, meaning that you are fully equipped to launch an exciting career in the industry of your choice.

Telephone Contact: 01522 304600
Email: enquiries@riseholme.ac.uk
Website: www.riseholme.ac.uk

RNN Group - Worksop North Notts College & RNN Rotherham

North Notts College is the leading provider of education and training in the North Nottinghamshire area and beyond. The College offers additional learning support if needed, to help with personal and/or learning needs, such as extra support in classes, one-to-one support with assignments and assistive technology resources.

Telephone Contact: 01909 504773 - Learning Support Co-Ordinator
Email: als@nnc.ac.uk
Website: www.nnc.ac.uk www.rotherham.ac.uk



SENSE College (previously RNIB College) Loughborough

Sense College supports a wide range of students to achieve their goals. All students have an individual learning plan, with targets and goals agreed between themselves and their tutor. Progress is regularly monitored to ensure students achieve their potential.

Our in-house programmes support people at Foundation Level to Level 1 through our innovative enterprise-led curriculum as well as, access to mainstream courses. Supported Internships are a great way for disabled people to build their experience and move into employment.

Telephone Contact: 01509 611077 - Referrals and Admissions
Email: enquiries@rnibcollege.ac.uk
Website: www.rnibcollege.ac.uk

The Inspire and Achieve Foundation (IAF) Mansfield & Ashfield

We deliver outreach projects which offer the one-to-one support young people need to progress and provide programmes and workshops to improve their work skills, social skills, employability and confidence. Through these programmes, we ensure that our young people have the best chance of gaining a place on a college course or have routes into employment or voluntary work.

We have a seamless approach that includes a series of stages and support mechanisms to help young people all the way through their journey into employment or education. We join up the dots for young people so they do not lose their way or have a crisis of confidence jumping from one dot to the next. Many of the young people we work with have a complete lack of consistency in their lives and do not have a responsible adult who is able or willing to support them on their journey.

Telephone Contact: 07805 787428 - Training Manager
Email: gavin.clark@inspireachieve.co.uk



The Princes Trust - Get Into

We work with top employers such as ASOS, HSBC, Marks and Spencer, who are ready to hire fresh talent, while improving your CV and interview techniques. You will meet new people and learn what it takes to get your foot in the door. Some courses include a trial shift with potential job offers available at the end. After the programme, a Prince's Trust colleague or volunteer will mentor you for up to six months to help you plan your future.

- The courses run from two days to a few weeks
- Completely free and won't affect your Jobseeker's Allowance
- We'll cover your travel and may be able to support with lunch and childcare costs
- Find opportunities in retail, hospitality, customer service, health and social care, construction and engineering

Telephone Contact:

0800 842 842

Website:

www.princes-trust.org.uk/help-for-young-people/programmes

Vision West Nottinghamshire College Mansfield & Ashfield

West Notts College is a large, general Further Education college providing an excellent learning experience to all its learners, enabling them to progress successfully to the next stage of their lives, be that further or higher education or the world of work. It is a fully inclusive college welcoming applicants with learning difficulties and disabilities.

For many of our courses, a meaningful work placement is an essential part of the study programme to support and develop the skills needed for your eventual chosen career, and with over 100 courses available we are sure you'll find the right course for you.

Telephone Contact:

01623 627191

Email:

enquiries@wnc.ac.uk ; theinclusionsservice@wnc.ac.uk

Website:

www.wnc.ac.uk

NOTTINGHAMSHIRE COUNTY COUNCIL SERVICES

Please note that access to Nottinghamshire County Council services is generally subject to meeting eligibility criteria based on assessed needs.

Adult Short Breaks Service

Our service offers residential short breaks for adults age 18-65, living with parents or carers, who have a moderate to severe learning disability.

We have three Short Breaks bases:

- Holles Street Holles Street, Worksop, Nottinghamshire, S802LJ
- Helmsley Road 29-33 Helmsley Road, Rainworth, Nottinghamshire, NG210DQ
- Wynhill Lodge 3-5 Wynhill Court, Bingham, Nottinghamshire, NG138TE

Virtual tours are available on You Tube. Just type in Helmsley Road Short Breaks Unit or Wynhill Lodge Short Breaks Service.

Our services cater for people who may require support with all areas of daily living, including personal hygiene, social activities, eating drinking, moving & Handling, mobility and health requirements such as enteral nutrition, blood monitoring, administration of oxygen and rescue medication. The service is open 24 hours a day, 365 days a year.

Telephone Contact: 0300 500 8080 - to request a care & support/carer's assessment
Email: enquiries@nottscc.gov.uk
Website: www.nottinghamshire.gov.uk

Brooke Farm Employment Training Hub

If you live in the county of Nottinghamshire and have a Learning disability, Brooke Farm could be just what you need! It is a fantastic place for work training in a fun and vibrant real-life workplace environment. This is for up to 3 years depending on the individual and can start at any time during the year. You must be able to commit to a minimum of 3 days each week, be motivated and enthusiastic and really want to work!



Brooke Farm can provide you with employment training opportunities. Our focus is on trainees gaining relevant work-based skills and achieving goals in horticulture, retail, and customer service and hospitality. We can support with transferrable skills in a real, safe, working environment where we focus on individual strengths and goals, working towards sustainable employment.

Trainees can gain experience and learn new skills in our shop, garden centre and café, plant nursery and Pick Your Own fruit farm. Also learning skills in employability including all aspects of the application process CV writing and preparing for interviews.

To make sure the training programme is right for you we offer 6-12-week trial period. The 12-week trial period can also be a good refresher of skills if you are already looking for work.

Telephone Contact: 0115 9632638
Email: brookefarm@nottscc.gov.uk
Website: www.nottinghamshire.gov.uk/employmenthub

Day Services via Adult Social Care

Adult Social Care Day Services support individuals to access a range of person-centred activities and opportunities to enhance the quality of life for people with disabilities. We encourage and support individuals to achieve their goals and aspirations. We work closely with our local communities and colleagues to ensure we meet an individual's needs identified from their care plan.

We will listen to your views and opinions and those of your carers and family members to continue to improve the service we provide and to promote your health and well-being. We will always seek the most cost-effective way to provide support, to ensure we can continue to meet the needs of people who are eligible for care and support

Our staff team are trained to a high standard to ensure we maintain a quality service. We are dedicated to ensuring that people have an enjoyable, meaningful experience that promotes independence and offers opportunities within local communities.

Central	Ashfield Day Service	Sheepwash Lane, Sutton-In-Ashfield, NG17 5GG	01623 550376
	Mansfield	Southwell Road West, Rainworth, Mansfield NG21 0HJ	01623 795991
North	Bassetlaw Day Service	Albion Close, Worksop S80 1RA	01909 476499
	Bassetlaw Day Service - Worksop Library	Memorial Avenue, Worksop S80 2BP	01909 535333
	Newark & Sherwood Day Service - Newark	London Road, New Balderton, Newark NG24 3AL	01636 529600
	Newark & Sherwood Day Service - Ollerton	Main Road, Boughton, Newark NG229TD	01623 835186
South	Broxtowe Day Service	Sunnyside Road, Chilwell, Nottingham NG9 4FR	0115 925 0172
	Bingham Day Service	Moor Lane, Bingham, Nottingham NG13 8AS	01949 836652
	Gedling Day Service	Howbeck Road, Arnold, Nottingham NG5 8AA	0115 967 4805
	Netherfield Day	Ley Street, Netherfield, Nottingham NG4 2PH	0115 961 3639

Independent Travel Training Project

For more information on this service, please visit:

www.nottinghamshire.gov.uk/.../independent-travel-training

Telephone Contact: 0300 500 80 80 - Customer Service Centre

Email: itt@nottsc.gov.uk

Preparing for Adulthood Team

The Preparing for Adulthood program (PFA) is funded by the Department for Education as part of the delivery support for the SEN and disability reforms. We will listen to your journey and work with you, on a strengths-based approach, focussing on your individual and family's strengths and not on any deficits. The main aim is to promote people's wellbeing and independence. The conversations the PFA team have with people, aim to put people at the centre of understanding their needs and

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how they can achieve their goals. Our conversations look at strengths-based interventions, which are holistic and multidisciplinary, person-centred and outcomes-focused in order to improve people's lives and promote their wellbeing.

Telephone Contact: 0300 500 80 80 - Customer Service Centre
Website: www.preparingforadulthood.org.uk

Shared Lives

Shared Lives is a countywide service for people who require support to live in the community, are over 18 years of age and are eligible for Social Care services.

Shared lives support can be delivered in several different ways:

- Living in the Shared Lives Carer's home on a long-term basis: the person needing support may live in the carer's own home and be supported in their everyday life
- Sharing a carer's home can also be to cover a short-term need (such as providing a break for a person's main carer)
- Day-time support: regular support sessions held in the carer's home
- Outreach support: the person needing support lives in their own home and a carer can provide help as needed

Telephone Contact: 0300 500 8080 - Customer Service Centre
Website: www.nottinghamshire.gov.uk/care/adult-social-care/somewhere-to-live/who-can-use-shared-lives

Short Breaks Assessment & Review Team

Short Break allocations form an essential part of the support provided by Nottinghamshire County Council to children and young people with Special Educational Needs and Disability (SEND) and their families.

Short breaks are intended for disabled children and their families who cannot use general services which are available to everyone. Short breaks are for children and young people who are aged between 5 and 18 years old.

Short breaks give families the chance to:

- have a break from their caring responsibilities
- rest and unwind
- spend time with other family members

Short breaks give children and young people who are disabled the chance to:

- spend time away from their parents/carers to build independence skills
- relax and have fun with their friends
- develop their independence

Short breaks can include:

- a break for your child away from the family
- group activities like a youth club for children and young people
- holiday play schemes
- sports, arts or music activities
- one to one support so your child can take part in activities such as cinema trips

For more information on Short Breaks or for Short Breaks applications, please visit:

www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/landing.page?newdirectorychannel=9-7&loboolean=1

Youth Service & Mill Adventure Base

The Youth Service's offer includes 12 Link Club youth work sessions per week, which are delivered across the county for young people with disabilities. The Youth Service engages young people from age 10 to 19 years, looked after children until the age of 21 years and young people with disabilities up to the age of 25 years.

The Nottinghamshire County Council Mill Adventure Base have established a new short breaks provision for children and young people who are entitled to commissioned short breaks hours. The projects are aimed at children and young people who can or are working towards participating in small group activity sessions using Outdoor Learning to develop a range of personal and life skills.

Further details can be found on Notts Help Yourself website:

www.nottsootdoors.nottinghamshire.gov.uk/families-and-individuals/short-breaks/

[Short Breaks Adventure Projects@The Mill Adventure Base | Notts Help Yourself](mailto:ShortBreaksAdventureProjects@TheMillAdventureBase)



i-Work

i-Work supports people with learning disabilities and autism aged 18 years or over, to find paid employment, based on their skills, interests and qualifications. They help people find, apply and interview for jobs and deliver measured, in-work support to encourage and promote independence.

i-Work offers a 1:1 service and meet with people to assess and profile their employment skills and support needs. i-Work Staff may sometimes complete shifts alongside people in their new roles, to help support their learning and allow them to settle into a new environment. The Team discuss career goals and aspirations, then work with jobseekers in a realistic and person-centred way.

They support with the following:

- Enabling people to undertake paid work
- Supporting people with job search, application, interviews and settling into work
- Support people within their jobs to maintain or progress their career pathways
- Support with travelling to and from work
- Support, advice and training for employers
- Information, advice and guidance

More information can be found by visiting:

www.nottinghamshire.gov.uk/jobs-and-working/support-to-find-employment/employment-support-disability

SERVICE DIRECTORY

Ask Us

Ask Us Nottinghamshire can offer support around education issues to SEND young people aged 16-25 years and parents of younger children with special educational needs and disabilities. It delivers the Independent Advice and Support Service for Nottinghamshire County Council and Nottingham City Council.

Telephone Contact: 0800 121 7772
Email: enquiries@askusnotts.org.uk
Website: www.askusnotts.org.uk

Child and Adolescent Mental Health Services (CAMHS)

CAMHS provide health advice, recommendations and support for young people and their families with mental health problems and intellectual disabilities.

Telephone Contact: 0115 9691300
Website: www.nottinghamshirehealthcare.nhs.uk/camhs

Department for Work & Pensions (DWP)

Contact your Local Jobcentre Plus for information and advice on applying for jobs; support to become self-employed and Access-To-Work support for young people with SEND in employment.

Website: www.gov.uk/government/organisations/department-for-work-pensions

Futures for You

Providing person-centred support to adults aged 16-24 years living in Nottingham CITY and Nottinghamshire County, with special educational, behavioural, emotional and complex needs, who are not in employment, education or training.



We offer bespoke services through our professional Coaches. This approach enables us to support people to:

- overcome barriers to learning and achievement
- achieve at school or college, move from education/training into employment, secure sustained employment

Telephone Contact: 08000 85 85 20

Email: hello@the-futures-group.com ; referrals@futuresforyou.com

Intensive Personalised Employment Support (IPES) - Remploy

This provision is for disabled people who have complex issues and are considered by their work coach to be at least 12 months away from the labour market. The provision is voluntary and is available to claimants on benefits and to non-claimants who meet the eligibility criteria:

- have a disability as defined in the Equality Act 2010
- not be in any form of paid employment
- Be of working age, aged 16 to State Pension age
- not be currently participating in other Department for Work and Pension (DWP) contracted employment provision
- have complex barriers to work
- be more than a year from employment in the labour market
- require more intensive support to transition into work and require intensive in work support beyond that offered by any other DWP provision

Telephone Contact: 0300 456 8091

Email: ipes@mail.remploy.co.uk

Website:

<https://www.remploy.co.uk/about-us/current-programmes/intensive-personalised-employment-support-ipes>

Nottinghamshire Parent Carer Forum

Nottinghamshire Parent-Carer Forum (Notts PCF) is an independent Parent/Carer-led organisation run by volunteers who represent the views, experiences and ideas of families that live or access services in Nottinghamshire and have a child or young person with an additional need and/or a disability. We have over 500 members stretching across all parts of Nottinghamshire.

Website: www.nottspcf.org

SEND - Local Offer

A comprehensive guide to services and support for children and young people aged 0-25 with Special Educational Needs and Disabilities (SEND).

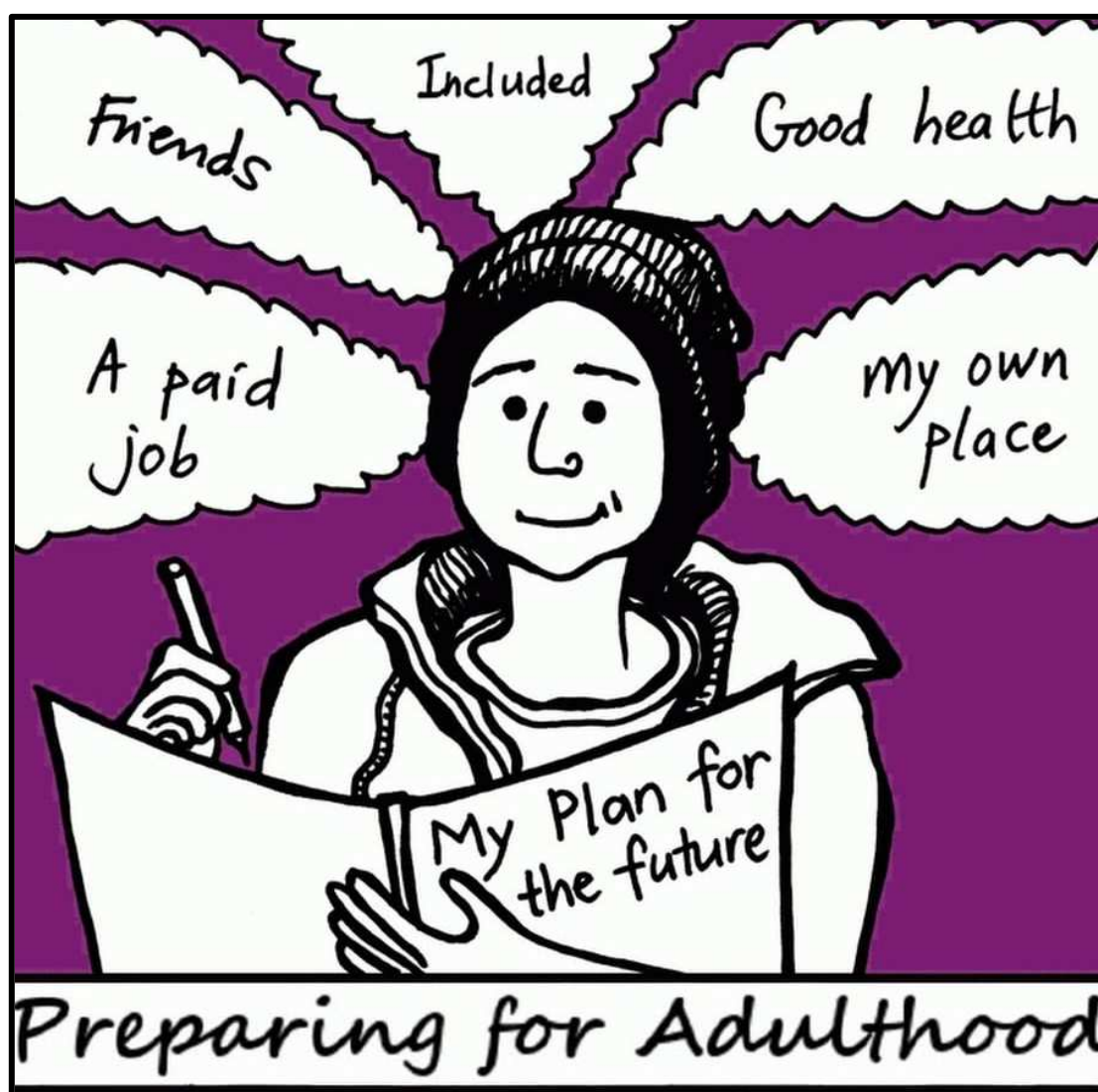
In September 2014 the government made a lot of changes to the way that children and young people aged 0 to 25, with Special Educational Needs and Disabilities (or SEND for short) are supported. This included making Local Authorities produce a 'Local Offer'.

The Local Offer brings together useful information across Education, Health and Social Care within one website where you can find information, advice and guidance and a range of provider services listed who support children and young people with SEND.

Website: www.nottshelpyourself.org.uk



www.preparingforadulthood.org.uk



**Nottinghamshire
County Council**

W nottinghamshire.gov.uk
T 0300 500 80 80

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West Bridgford, Nottingham NG2 7QP