Contact details

Looking for **SOMEWHERE TO GO, SOMETHING TO DO, SOMEONE TO TALK TO!**

Nottingham City Council Youth Service and Partners offer a safe space and somewhere young people can take part in positive activities, make new friends, learn new skills, and have new experiences!

We work with Children and young people to facilitate their personal, social and educational development and to empower them to develop their voice, influence and place in society and to reach their potential

We deliver a range of activities and support sessions. Come and get involved in sports & team games, creative arts, cooking, issue-based projects and accredited skills.

Sessions

Junior Youth Sessions/Youth Sessions/Targeted Group Work/One-to-Ones. Concentrating on children and young people that have a need and require support. Currently, all sessions are **bookings only** when a registration or referral form is completed. Spaces are limited, so please contact each provider. Details are listed in the timetable.

You can find local activities for your child by visiting **www.yournottsdirectory.org.uk**

We aim to offer positive experiences for all children and young people. This means they may sometimes get messy! We recommend that children and young people wear appropriate clothes when participating in these activities, as we are unable to reimburse for the loss or damage of personal belongings and clothing.

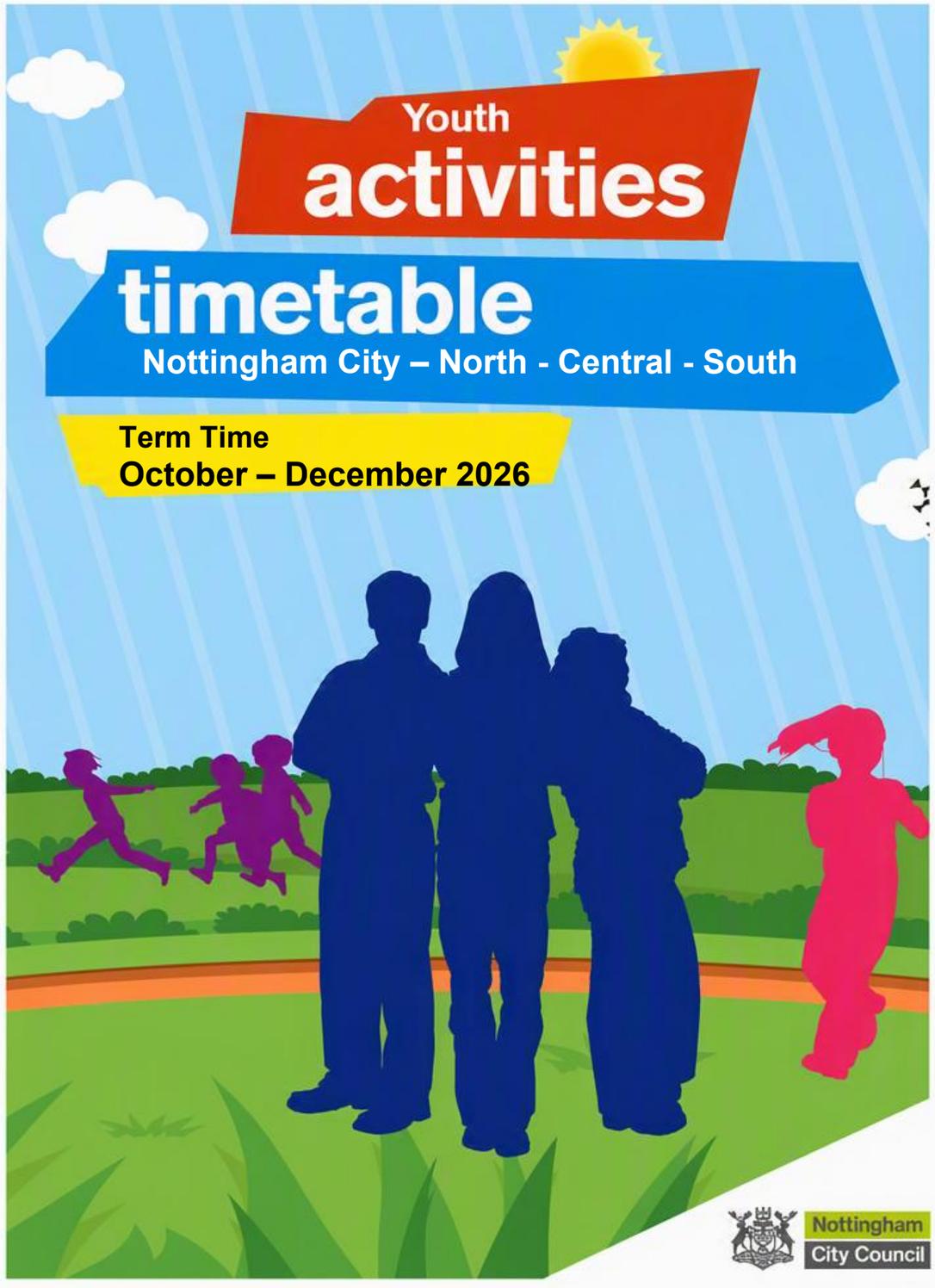
For further information see the below contact details.

If you, or a young person you support are struggling, please don't hesitate to get in touch.

Call ☎ 0115 883 3540 – Day time
Email: playandyouth@nottinghamcity.gov.uk

For further information and details of activities, please go to:
www.earlyhelpnottingham.org.uk

YOUR NOTTS DIRECTORY
www.yournottsdirectory.org.uk



Nottingham City – North
Delivery October – December 2026

Monday

Young Men's Group

4:00 – 6:00pm
Ages 13-17

Bulwell Riverside Youth Centre
Main Street
Bulwell
Nottingham
NG6 8QJ

Referrals only

Young Women's Group
4:00 pm– 6:00 pm
Ages 13-17

Bulwell Riverside Youth Centre
Main Street
Bulwell
Nottingham
NG6 8QJ

Referrals only

Tuesday

Mood & Food Café
4:00 – 6:00pm

Ages 12–17

IN PARTNERSHIP WITH MENTAL HEALTH SUPPORT TEAM (MHST)
Must be booked in advance

Bulwell Riverside Youth Centre
Main Street
Bulwell, NG6 8QJ

Referrals only

HKA
Basketball session

6:15-7:15pm Ages 6-12
7:15-9:15pm Ages 14-17
For more information contact
Keiren Thompson –
M: 07562303846
E: helpingkidsachieve1@gmail.com
Bulwell Riverside Youth Centre
Main Street
Bulwell
Nottingham

Wednesday

Group work session
3:30 – 5:30pm

Ages 11-17
Bulwell Riverside Youth Centre
Main Street
Bulwell, NG6 8QJ

Referrals only

Junior Youth

5:30-7:30pm

Ages 10-13

Referrals only

Bulwell Riverside Youth Centre
Main Street
Bulwell
Nottingham
NG6 8QJ

Must be booked in advance

Thursday

Bulwell Riverside Youth Centre
Health Drop in Session
3:00 – 6:00pm

Free & Confidential

Ages 13 - 19

Bulwell Riverside Youth Centre
Main Street
Bulwell, NG6 8QJ

In partnership with Sexual Health Nurses.

HKA
Female Basketball session

7-8:30pm
Ages 8-16
For more information contact
Keiren Thompson –
M: 07562303846
E: helpingkidsachieve1@gmail.com
Bulwell Riverside Youth Centre
Main Street
Bulwell
Bulwell, NG6 8QJ

Friday

Group work session

3:30 – 5:30pm

Ages 11-17
Bulwell Riverside Youth Centre
Main Street
Bulwell, NG6 8QJ

Referrals only

The Bestwood drop-in

3:30 – 5:30pm

Ages 10-16 years

Referrals only

Southglade access centre
Centre
Bestwood Nottingham
NG5 5GU

Bulwell Riverside

Youth Sessions
7:00-9:00pm

Ages 13-17

Must be booked in advance

Bulwell Riverside Youth Centre
Main Street
Bulwell, NG6 8QJ

Nottingham City – Central
Delivery October – December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		Group work session 3:30 – 5:30pm Ages 11-17 The Mary Potter Centre, 76 Gregory Blvd, Radford, Nottingham NG7 5HY **Referrals only**	**Elevate & Empower Project** 4:00-6:00pm Ages 11-16 **Hyson Green Youth Club** Terrace Street Hyson Green, NG7 6ER Contact 0115 8833540 for more information or email: playandyouth@nottinghamcity.gov.uk	**Group work session** 3:30 – 5:30pm Ages 11-17 The Mary Potter Centre, 76 Gregory Blvd, Radford, Nottingham NG7 5HY **Referrals only**

Nottingham City – South
Delivery October – December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
.\	**Young Women's Group** 4:00 pm– 6:00 pm Ages 13-17 Meadows Family Hub Kirkby Gardens, Nottingham NG2 2HZ **Referrals only**	**One to One Support wellbeing checks** 3:30 – 5:30pm Ages 11-17 Meadows Family Hub Kirkby Gardens, Nottingham NG2 2HZ **Referrals only** **Mood & Food Café** 4:00 – 6:00pm Ages 12–17 **IN PARTNERSHIP WITH MENTAL HEALTH SUPPORT TEAM (MHST)** **Must be booked in advance** Young Futures Hub 42 Beaumont street, Sneinton NG2 4PJ **Referrals only**		**One to One Support wellbeing checks** 3:30 – 5:30pm Ages 11-17 Meadows Family Hub Kirkby Gardens, Nottingham NG2 2HZ **Referrals only**